

**SUPPLEMENTARY MATERIALS**

**Risky eating behaviors and body satisfaction in Mexican university students**

**Conductas alimentarias de riesgo y satisfacción corporal en estudiantes  
universitarios mexicanos.**

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**Supplementary Table 1.** Percentage of body dissatisfaction, by body area, according to the risk to develop risky eating behaviors.

Body area	No risk (n=1072)	Moderated risk (n=222)	High risk (n=84)	p value
Hair	17.5%	24.3%	29.8%	0.003
Face skin	27.4%	27.5%	47.6%	0.000
Eyes	10.4%	11.7%	23.8%	0.001
Nose	23.8%	26.1%	41.7%	0.001
Mouth	13.1%	11.7%	27.4%	0.001
Lips	9.6%	9.9%	21.4%	0.003
Neck	10.7%	15.8%	23.8%	0.000
Chest	17.4%	25.2%	42.9%	0.000
Arms	18.6%	29.3%	47.6%	0.000
Hands	11.3%	14.4%	25.0%	0.001
Abdomen	28.6%	53.2%	71.4%	0.000
Waist	20.4%	43.7%	61.9%	0.000
Genitals	8.9%	12.2%	20.2%	0.002
Buttocks	19.2%	23.9%	33.3%	0.004
Hips	14.3%	24.3%	45.2%	0.000
Thighs	13.7%	22.1%	31.0%	0.000
Legs	17.2%	23.0%	35.7%	0.000
Feet	14.2%	20.7%	31.0%	0.000

*p* values were obtained through  $\chi^2$  test.

**Supplementary Table 2.** Adjusted model summary to REB, concerning the variables of nutritional status and body satisfaction.

Variables	Estimate	Standard error	t	P
Intercept	0.958	0.150	6.382	0.000
BMI	0.048	0.009	5.431	0.000
Body fat	0.009	0.003	2.579	0.010
Body satisfaction				
WC	-0.005	0.003	-1.463	0.144
Eyes	-0.015	0.010	-1.463	0.144
Nose	-0.014	0.007	-1.937	0.053
Mouth	0.013	0.010	1.25	0.212
Hand	-0.021	0.010	-2.07	0.039
Abdomen	-0.042	0.009	-4.544	0.000
Waist	-0.026	0.010	-2.631	0.009
Buttock	0.009	0.009	1.063	0.288
Legs	0.033	0.009	3.441	0.001
Feet	-0.016	0.009	-1.893	0.059

Abbreviations: REB = Risky eating behavior; GBS = Global body satisfaction; WC = waist circumference.

Significative variables: \*  $p < .05$ ; \*\*  $p < .01$ ; \*\*\*  $p < .001$