

CONGRESO IBEROAMERICANO DE NUTRICIÓN

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ACADEMIA
ESPAÑOLA DE
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MESA
La profesión de
Dietista-Nutricionista

PONENCIA 5



EFAD - The voice of dietitians in Europe

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The European Federation of the Associations of Dietitians (EFAD) (1) is the umbrella organisation for all National Dietetic Associations and Higher Education Institutes that teach dietitians in Europe.

EFAD was formed in 1978 and now has 32 National Dietetic Association members (including the General Council of Dietitians-Nutritionists of Spain) and 38 Education Associate Members. Between them our members represent over 33000 dietitians in 29 European countries.

Our student body –the European Network of Dietetic Students (ENDietS)– has over 1600 members in 51 countries worldwide.

EFAD is governed by our General Meeting and managed by an Executive Committee. There are 3 standing committees (Education & Lifelong Learning, Professional Practice and Research & Evidence Based Practice) and 8 European

Specialist Dietetic Networks. Committee members each serve a term of four years and can be re-elected. There are regular opportunities for volunteers to join each of the committees.

The EFAD Strategic Plan for 2016-2020 has as one of its goals to “Develop Strategic Partnerships”. EFAD is currently in collaboration with 12 European level organisations, including World Health Organisation European Region.

In 2018 EFAD was accredited as a “non-state actor” in relations with the WHO. This means that we can attend meetings and make statements to the Regional Committee of Health Ministers from 53 WHO Europe countries. The European Dietetic Action Plan is a project aimed at demonstrating to all the ministers of health within the WHO European region what dietitians are doing to help the WHO meet the European Food and Nutrition Action Plan 2015-2020.

Other collaborations include the European Commission, European Food Safety Authority and the European Patients Forum.

EFAD, through our 200+ volunteers is working to make the voice of dietitians heard throughout Europe. We use newsflashes, webinars, position papers, fact sheets and personal appearances to promote dietetics.

We also use our annual conference. The 12th EFAD conference (3) will be in Berlin, Germany on 1 & 2 November 2019, with a pre-conference programme on 31 October 2019. The theme is "Breaking Professional Boundaries", with an exciting programme of over 90 international speakers. In addition, there will be an "assessment street" where nutritional assessment methods can be practised and experienced, an "innovation mile" where new products will be demonstrated, meet the expert sessions, guided poster tours and lots of networking opportunities and exercise breaks.

conflict of interests

JL is the EFAD Secretary General.

references

- (1) www.efad.org
- (2) <http://www.euro.who.int/en/health-topics/disease-prevention/nutrition/publications/2015/european-food-and-nutrition-action-plan-20152020-2014> - accessed 31 May 2019.
- (3) www.efadconference.com

